

Medicaid Long-term Care

Before 1981 Long-term Care (LTC) services were only provided in nursing facilities. However, congress amended the Social Security Act to allow states to provide LTC services in home and community-based settings. This document is a general overview and not a comprehensive summary of all information related to LTC in facilities and home and community-based settings. For more detailed information, contact the Office of Legislative Research and General Counsel, the Department of Health, or the Department of Human Services.

Prepared by
The Office of Legislative Research and General Counsel

Sources: Department of Health and Department of Human Services

Medicaid LTC in a Facility

	Fiscal Year 2005-06 Enrollment	Fiscal Year 2005-06 Expenditures	Fiscal Year 2005-06 Average Monthly Cost per Person	Purpose	Age / Disability	Financial Eligibility	Level of Care	Special Requirements
Long-term Care in Utah Facility	6,552	\$310,400,100		Provides ongoing, chronic care in an institutional setting to people who are aged or have a qualifying disability.			Must meet level of care requirements for an institution	Must provide nursing facility services to people who meet the specified criteria.
Nursing Home Care	5,726		\$6,063	Provides services to people who need a nursing facility level of care.	65 or older or any age with a covered disability	Income and Assets	Nursing facility level of care	Working status (qualifying disability): working - earning less than \$900 month; or not working - condition interferes with basic work-related activities Disability status: condition on list of disabling conditions; condition of equal severity to a condition on the list; or condition is severe, interferes with the ability to do the work performed previously, and cannot adjust to other work
Private ICFs/MR	590		\$5,160	Provides services to people who need a ICF/MR level of care.	65 or older or any age with a covered disability	Income and Assets	ICF/MR level of care	Diagnosis of mental retardation or a related condition (a condition similar to mental retardation that causes substantial functional limitations and requires care similar to a person with mental retardation
Utah State Developmental Center	236		\$12,935	Provides services to people who need services that are not available at private ICFs/MR.	65 or older or any age with a covered disability	Income and Assets	ICF/MR level of care	Diagnosis of mental retardation or a related condition (a condition similar to mental retardation that causes substantial functional limitations and requires care similar to a person with mental retardation

Medicaid LTC in a Home and Community-based Setting

	Fiscal Year 2005-06 Enrollment	Fiscal Year 2005-06 Expenditures	Fiscal Year 2005-06 Average Monthly Cost per Person	Purpose	Age	Financial Eligibility	Level of Care	Special Requirements
Medicaid HCBS Waivers	5,767	\$176,707,950		HCBS waivers diverts people from placement in institutions or helps people leave institutions.			Must meet level of care requirements for an institution	Approved by CMS; cost neutrality in aggregate; funded by federal and state dollars
Nursing Home Placement Prevention Program (Aging Waiver)	755	\$6,731,316	\$1,013	Provides HCBS to people who are aged as an alternative to placement in a nursing home.	65 or older	Income and Assets	Nursing facility level of care	
New Choices Waiver (formerly Flex Care, etc.)*	1,000	N/A	\$3,928	To assist people who are aged or those with a disability to move from nursing homes back into the community by providing HCBS.	65 or older; 21 or older with a covered disability	Income and Assets	Nursing facility level of care	Medicaid funded nursing home resident for a minimum of 90 days immediately prior to coming onto the New Choices Waiver
Physical Disabilities Waiver	128	\$3,703,318	\$2,985	Provide HCBS as an alternative to placing people with a disability in nursing homes and to assist people with a disability to move from nursing facilities back into the community.	18 or older	Income and Assets	Nursing facility level of care	Functional loss of two or more limbs; Cognitive ability to manage one's own care including hiring and managing employees, and managing finances
Acquired Brain Injury Waiver	91	\$2,516,420	\$2,551	Provides HCBS as an alternative to placing people with an acquired brain injury into nursing homes.	18 or older	Income and Assets	Nursing facility level of care	Acquired brain injury resulting in three or more substantial functional limitations in a major life area
Technology Dependent Waiver	137	\$8,376,728	\$5,871	Provides HCBS to eligible people who are technology dependent, as an alternative to placement in a nursing home.	Under the age of 21 or admitted to the waiver before the age of 21	Income and Assets	Nursing facility level of care (Intensive skilled)	Technology dependent (for example, vent or trach dependent)

Medicaid LTC in a Home and Community-based Setting continued . . .

Community Supports Waiver (DD/MR Waiver)	4,025	\$136,958,400	\$2,968	Provides HCBS to eligible people with mental retardation or related conditions as an alternative to placement in an ICF/MR.	None	Income and Assets (Parents' income and assets are not considered)	ICF/MR level of care	Mental retardation or a related condition that results in at least three substantial functional limitations in a major life area; only a limited amount of people admitted to waiver annually; must have been in an ICF/MR for at least one year or come through DSPD waiting list
--	-------	---------------	---------	--	------	---	-------------------------	--

*The New Choices Waiver was implemented April 2007. Enrollment and expenditures shown are monthly projections for Fiscal Year 2007-08.